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Suffolk Lodge No. 60 F&AM

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# GOING FORWARD

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26 March, 2023

Volume III Issue 14



THE 2023 GRAND LECTURER'S CONVENTION  
THE MAGIC OF KEEPING GOING  
AN OBSERVANT PRAYER  
WASHINGTON'S APRON  
TRESTLEBOARD

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[www.suffolk60.com](http://www.suffolk60.com)

[secretary@suffolk60.com](mailto:secretary@suffolk60.com)

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## Suffolk Lodge No. 60 F&AM

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### THE 2023 GRAND LECTURER'S CONVENTION: A DAY OF LEARNING AND BROTHERHOOD IN NEW YORK

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R.:.W.:. Richard C. Friedman, Grand Lecturer

On Saturday, March 25th, 2023, the Masonic community of New York State gathered in Northport, NY for an exceptional event – the 2023 Grand Lecturer's Convention for the Suffolk District. Hosted at Alcyone Lodge No. 695, the convention saw an impressive turnout, with various lodges in attendance, including Suffolk Lodge, which brought along 11 brothers. Among the attendees were the Worshipful Master, Senior and Junior Wardens, Senior and Junior Deacons, and the Senior Master of Ceremonies.

The day's events were led by R.:.W.:. Richard C. Friedman, the Grand Lecturer of the Grand Lodge of the State of New York. His leadership and expertise were on full display as he guided exemplars through the Middle Chamber Lecture, a crucial part of Masonic education. With his deep knowledge and passion for the Craft, R.:.W.:. Friedman offered invaluable insights, advice, and tips on improving the presentation and drama of this important lecture.

The Middle Chamber Lecture is an essential component of the Masonic journey, as it imparts crucial lessons on the liberal arts and sciences. By focusing on this topic, the convention highlighted the importance of continuing education and personal growth within the fraternity. Attendees were able to delve deeper into the symbolism and meaning behind the lecture, which in turn fosters a greater understanding and appreciation of Masonic teachings.

The event culminated with a rousing speech from R.:.W.:. Friedman, addressing the state of Masonry in New York State. He emphasized the need for lodges to offer compelling instruction to members, which is crucial in maintaining their interest and commitment to the Craft. As the fraternity faces new challenges in the modern era, it is essential for Masons to continue to uphold their values, engage with one another, and evolve their teachings.

The 2023 Grand Lecturer's Convention served as an inspiring reminder of the power of brotherhood and the unbreakable bond between Freemasons. With leaders like R.:.W.:. Richard C. Friedman at the helm, the future of Masonry in New York State looks bright, as members work together to preserve the rich history and traditions of the Craft while adapting to the changing world around them.



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# THE MAGIC OF KEEPING GOING

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Excerpted from "The War of Art" by Steven Pressfield, Submitted by W. Jason Intardonato

When I finish a day's work, I head up into the hills for a hike. I take a pocket tape recorder because I know that as my surface mind empties with the walk, another part of me will chime in and start talking.

The word "leer" on page 342 . . . it should be "ogle."

You repeated yourself in Chapter 21. The last sentence is just like that one in the middle of Chapter 7.

That's the kind of stuff that comes. It comes to all of us, every day, every minute. These paragraphs I'm writing now were dictated to me yesterday; they replace a prior, weaker opening to this chapter. I'm unspooling the new improved version now, right off the recorder.

This process of self-revision and self-correction is so common we don't even notice. But it's a miracle. And its implications are staggering.



The 9 muses are depicted with Minerva, the goddess of wisdom and learning.  
Painting by Hendrick van Balen the Elder

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# THE MAGIC OF KEEPING GOING

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Excerpted from "The War of Art" by Steven Pressfield, Submitted by W. Jason Intardonato

Who's doing this revising anyway? What force is yanking at our sleeves?

What does it tell us about the architecture of our psyches that, without our exerting effort or even thinking about it, some voice in our head pipes up to counsel us (and counsel us wisely) on how to do our work and live our lives? Whose voice is it? What software is grinding away, scanning gigabytes, while we, our mainstream selves, are otherwise occupied?

Are these angels?

Are they muses?

Is this the Unconscious?

The Self?

Whatever it is, it's smarter than we are. A lot smarter. It doesn't need us to tell it what to do. It goes to work all by itself. It seems to want to work. It seems to enjoy it.

What exactly is it doing?

It's organizing.

The principle of organization is built into nature. Chaos itself is self-organizing. Out of primordial disorder, stars find their orbits; rivers make their way to the sea.

When we, like God, set out to create a universe—a book, an opera, a new business venture—the same principle kicks in. Our screenplay resolves itself into a three-act structure; our symphony takes shape into movements; our plumbing-supply venture discovers its optimum chain of command. How do we experience this? By having ideas. Insights pop into our heads while we're shaving or taking a shower or even, amazingly, while we're actually working. The elves behind this are smart. If we forget something, they remind us. If we veer off-course, they trim the tabs and steer us back.

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# THE MAGIC OF KEEPING GOING

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Excerpted from "The War of Art" by Steven Pressfield, Submitted by W. Jason Intardonato

What can we conclude from this?

Clearly some intelligence is at work, independent of our conscious mind and yet in alliance with it, processing our material for us and alongside us.

This is why artists are modest. They know they're not doing the work; they're just taking dictation. It's also why "noncreative people" hate "creative people." Because they're jealous. They sense that artists and writers are tapped into some grid of energy and inspiration that they themselves cannot connect with.

Of course, this is nonsense. We're all creative. We all have the same psyche. The same everyday miracles are happening in all our heads day by day, minute by minute.

***Pressfield, Steven. The War of Art (pp. 126-127). Black Irish Entertainment LLC.***

***Steven Pressfield (born September 1, 1943) is an American author of historical fiction, non-fiction, and screenplays, including his 1995 novel The Legend of Bagger Vance and 2002 non-fiction book The War of Art.***

***Available on Amazon: [The War of Art](#)***

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# AN OBSERVANT PRAYER

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Composed by RWB Jason E. Morse of Quinta Essentia Lodge No. 500, Jan. 2023

Grand Architect of the Universe, we beseech you to guide us during our labors so that we may properly use the working tools that we have been granted. Assist us in seeking divine light and to avoid the trappings of terrestrial dogma and organizations that endeavor to rule our thoughts and consciousnesses through masking and distorting the truth. Help us experience the profound realization that we are all one, and that God, the universe, all that has been, is, and will be, resides within us. Grant us the experience of true fellowship, leaving the profane outside, allowing us the freedom to explore the greater mysteries without the influences of prejudice and ignorance that dwell without. Let us proceed with love and kindness. Amen.

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## WASHINGTON'S APRON

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From <https://www.mountvernon.org>

George Washington was initiated “as an Entered Apprentice” at the Freemason Lodge at Fredericksburg, Virginia, in 1752. A year later, he became a Master Mason, the highest rank in the Fraternity of Freemasonry. Washington maintained his ties to the secret society throughout his life.

This Masonic apron was made in France and is believed to have been presented to George Washington at Mount Vernon in 1784 by the Marquis de Lafayette, a former general and close friend of Washington’s, who was also a Freemason. The apron features Masonic symbols, such as compasses and a square, together with the crossed flags of the United States and France, all exquisitely embroidered in silk and gold- and silver-wrapped threads with metallic sequins.

On view in the Donald W. Reynolds Museum and Education Center, Washington would have worn this apron when attending Masonic meetings. Thanks to a loan from the Brethren of Mt. Nebo Lodge #91 of Shepherdstown, West Virginia, Mount Vernon has been able to display this special object on the national observance of George Washington’s birthday since 2011.

<https://www.mountvernon.org/plan-your-visit/calendar/exhibitions/george-washington-s-masonic-apron/>





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# TRESTLEBOARD

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MONDAY, MAR 27

## SUFFOLK LODGE - MM DEGREE REHEARSAL

All brothers with parts in the degree are required to attend. This includes conductors.

**Where:** Port Jefferson Masonic Temple 312 Main St. Port Jefferson, NY

**When:** Mar. 27, 2023 from 7:30-8:30 PM

**Attire:** Casual

THURSDAY, MAR 30

## SUFFOLK LODGE - SOCIAL NIGHT

MM Rehearsal, Fellowcraft Study, Fellowship & Preparation for DD Visit

**Where:** Port Jefferson Masonic Temple 312 Main St. Port Jefferson, NY

**When:** Mar. 30, 2023 from 7:30-9:30 PM

**Attire:** Casual

THURSDAY, APRIL 6

## SUFFOLK LODGE - DISTRICT DEPUTY VISIT

Business Meeting, Education on the Middle Chamber Lecture

**Where:** Port Jefferson Masonic Temple 312 Main St. Port Jefferson, NY

**When:** April 6, 2023 from 7:30-9:30 PM

**Attire:** Officers wear Tuxedos, brothers Black or Dark Suits

**Collation:** **RSVP FOR DINNER STRICTLY REQUIRED!**

cutoff for RSVPs is Tuesday April 4th Noon. Non RSVP will be served  
1st come 1st serve. RSVP to [secretary@suffolk60.com](mailto:secretary@suffolk60.com)



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# TRESTLEBOARD

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THURSDAY, APR 13

## SUFFOLK LODGE - SOCIAL NIGHT

MM Rehearsal, Fellowcraft Study, Fellowship

**Where:** Port Jefferson Masonic Temple 312 Main St. Port Jefferson, NY

**When:** April 13, 2023 from 7:30-9:30 PM

**Attire:** Casual

FRIDAY, APR 14

## DISTRICT DINNER - BRENTWOOD COUNTRY CLUB

*This Year's Suffolk Masonic District Dinner will be held at the Brentwood Country Club.*

*All Brothers are invited, EA, FC, MM! Friday, April 14th, 2023, at 6 PM. Tickets are \$65/pp for the dinner. The Dinner will be a buffet and there will be a cash bar. To purchase a table, select 10 tickets and please provide the name and email of all attendees. Tickets will be sent individually to each listed attendee. Tickets are limited so first come first served, once tickets are gone no more will be sold.*

**Where:** Brentwood Country Club 100 Pennsylvania Ave, Brentwood, NY

**When:** April 14, 2023 6:00 PM -

**Tickets:** <https://suffolkmasons.com/event/2023-suffolk-masonic-district-dinner/>

MONDAY, APR 17

## SUFFOLK LODGE - MM DEGREE REHEARSAL

All brothers with parts in the degree are required to attend. This includes conductors.

**Where:** Port Jefferson Masonic Temple 312 Main St. Port Jefferson, NY

**When:** April 17, 2023 from 7:30-8:30 PM

**Attire:** Casual

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# TRESTLEBOARD

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THURSDAY, APR 20

**SUFFOLK LODGE - STATED COMMUNICATION**

*Master Mason Degree*

**Where:** Port Jefferson Masonic Temple 312 Main St. Port Jefferson, NY

**When:** Apr. 20, 2023 from 7:30-9:30 PM

**Attire:** Casual

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# TRESTLEBOARD

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**CANCELLATIONS:** The March 18th March, and 1st April sessions of the Road to the East (RTE) in Riverhead have been cancelled. Brothers needing this course must attend the Wednesday sessions at Babylon Lodge

## ALSO IN MARCH...

Tuesday, Mar 28, 2023: <a href="#">Adah Chapter #52 Order of the Eastern Star Annual Once Upon a Tea</a>
Wednesday, Mar 29, 2023: <a href="#">RTE Course 3 – Babylon Lodge</a>

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Suffolk Lodge No. 60 F&AM

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# BUSINESS

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FROM THE SECRETARY'S DESK

## 2023 DUES

*Dues are payable by January 1st of the new year.*

*Brothers, your lodge depends upon timely remittance of dues to operate and maintain our beautiful temple, which is our sanctuary. Please pay your dues on time or better yet, in advance. Dues can be paid by check, cash or credit.*

*Regular Member Dues: \$400/year*

*35 Year Member Dues: \$220/year*

*Please make checks payable to:*

*Suffolk Lodge No. 60 F&AM*

*and remit to:*

*Suffolk Lodge No. 60 F&AM*

*312 Main St.*

*Port Jefferson, NY 11777*

*To pay by credit or debit card you may either pay at the bar register at the temple or pay online by going to: <https://store.suffolk60.com>*

*Credit transactions incur a service charge.*



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# STORE

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## SHOPPING

### **SUFFOLK 60 LAPEL PIN**



Item: Suffolk #60 Lapel Button

Description: Show your Lodge pride with this handsome Suffolk 60 200th Anniversary Lapel pin. A sharp addition to any Masonic ensemble.

Cost: \$ 10:00 - [available online](#)

### **SUFFOLK 60 WINDOW DECAL**



Item: Suffolk #60 Window Decal

Description: Deck out your ride and be the talk of the town with a nifty Suffolk 60 200th Anniversary window decal

Cost: \$ 5:00 - [available online](#)

### **SUFFOLK 60 CHALLENGE COIN**



Item: Suffolk #60 Challenge Coin

Description: Suffolk Lodge is the oldest masonic lodge on Long Island. Now proudly display your membership with a Suffolk 60 200th Anniversary Challenge Coin

Cost: \$ 20.00 - [available online](#)

### **SUFFOLK 60 2022 POLO SHIRT**



Item: Suffolk #60 2022 Polo Shirt

Description: The 2022 Suffolk Lodge #60 Polo Shirts are now available. This year's version is in a handsome navy blue with gold lettering.

Contact W: Chris Connolly for additional details.

Cost: \$ 25.00

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# REFERENCE

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## HELPFUL RESOURCES

### **SUFFOLK60 WEBSITE**

<https://www.suffolk60.com>

### **SUFFOLK 60 FACEBOOK (PUBLIC)**

<https://www.facebook.com/Suffolk60/>

### **SUFFOLK MASONIC DISTRICT WEBSITE**

<https://suffolkmasons.com>

### **SUFFOLK MASONIC DISTRICT BAND**

<https://band.us/band/70497133>

The **Going Forward** Weekly Newsletter is edited by W.⦿ Frank Miranda and W.⦿ Jason Intardonato under the direction of W.⦿ Christopher Connolly, Master of Suffolk Lodge No. 60 AYM, F&AM. Please submit any questions, corrections, announcements, or other suggested content to [secretary@suffolk60.com](mailto:secretary@suffolk60.com).