

Suffolk Lodge No. 60 F&AM

# GOING FORWARD

6 June, 2023

Volume IV Issue 1

*Installation of Officers  
Officers & Trustees 2023-2024  
The Man in the Arena  
Library Project & Book Club  
The Seven Lamps of Architecture  
Brother Teddy  
Trestleboard*

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## INSTALLATION OF OFFICERS



From Left to Right: Bro. Duy Nguyễn, Bro. Gilbert Quiles, Bro. Daniel Durkot, Bro. Alfred Intardonato, Bro. Larry Martin, W.: Nicholas Montanino, W.: Jason Intardonato, W.: Philip Lunarola, W.: Christopher Connolly, Bro. Jay Kirwan, W.: Gary Gudzik, DSA, Bro. Emilio Thorpe, W.: Thomas Pace, Bro. Shaheed Raheem



During the stated communication at Suffolk Lodge No. 60 on Thursday, June 1st, 2023, the Installation of Officers took place. The officers for the 2023-2024 term were formally installed into their positions, with W.: Philip Lunarola being reinstated as the Worshipful Master for the second time. This event marked the beginning of a new Masonic year and symbolized the continuity of leadership and unity within the lodge.

## OFFICERS & TRUSTEES 2023-2024

Worshipful Master	W.: Philip Lunarola
Senior Warden	W.: Christopher Connolly
Junior Warden	W.: Jason Intardonato
Senior Deacon	Bro. Duy Q. Nguyen
Junior Deacon	Bro. Gilbert Quiles
Secretary	W.: Frank Miranda
Treasurer	Bro. Alfred Intardonato
Trustee (2025)	W.: Gary Gudzik DSA
Trustee (2026)	W.: Thomas Pace
Trustee (2024)	W.: Nicholas Montanino
Senior Master of Ceremonies	Bro. Larry Martin
Junior Master of Ceremonies	Bro. Daniel Durkot
Senior Steward	Bro. James Kirwan
Junior Steward	Bro. Emilio Thorpe
Musician	W.: Thomas Pace

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## THE MAN IN THE ARENA

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Theodore Roosevelt delivered the speech entitled "Citizenship in a Republic" at the Sorbonne in Paris on April 23, 1910. The speech is popularly known as "The Man in the Arena." The following is an excerpt which W Lunarola quoted at last Thursday's Installation of

Officers.

It is not the critic who counts; not the man who points out how the strong man stumbles, or where the doer of deeds could have done them better. The credit belongs to the man who is actually in the arena, whose face is marred by dust and sweat and blood; who strives valiantly; who errs, who comes short again and again, because there is no effort without error and shortcoming; but who does actually strive to do the deeds; who knows the great enthusiasms, the great devotions; who spends himself in a worthy cause; who at the best knows in the end the triumph of high achievement, and who at the worst, if he fails, at least fails while daring greatly, so that his place shall never be with those cold and timid souls who neither know victory nor defeat. Shame on the man of cultivated taste who permits refinement to develop into fastidiousness that unfits him for doing the rough work of a workaday world. Among the free peoples who govern themselves there is but a small field of usefulness open for the men of cloistered life who shrink from contact with their fellows. Still less room is there for those who deride or slight what is done by those who actually bear the brunt of the day; nor yet for those others who always profess that they would like to take action, if only the conditions of life were not exactly what they actually are. The man who does nothing cuts the same sordid figure in the pages of history, whether he be cynic, or fop, or voluptuary. There is little use for the being whose tepid soul knows nothing of the great and generous emotion, of the high pride, the stern belief, the lofty enthusiasm, of the men who quell the storm and ride the thunder. Well for these men if they succeed; well also, though not so well, if they fail, given only that they have nobly ventured, and have put forth all their heart and strength. It is war-worn Hotspur, spent with hard fighting, he of the many errors and the valiant end, over whose memory we love to linger, not over the memory of the young lord who "but for the vile guns would have been a valiant soldier.

## LIBRARY PROJECT & BOOK CLUB

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Submitted by Bro. James Kirwan

As some of you may know we have begun creating a library at the temple. If anyone has any Masonic books or books related to Freemasonry that they would be willing to give to the lodge, it would be greatly appreciated.

I am looking to create a collection of books for brothers that have been helpful or interesting to other brothers. This should negate brothers buying the same books over and over again and can help everyone weed through the tomes which aren't that helpful or accurate.

If you do plan on donating, please let me know what books you can donate. You can do this through email at [library@suffolk60.com](mailto:library@suffolk60.com) or a simple piece of paper enclosed in the donated books. If you would prefer to remain anonymous, that is fine as well.

I think it is important for our brothers to know who donated what as it could help to guide their books selections. For example, if a brother is partial to a particular aspect of the craft, it can help guide a brother with similar interests to navigate the literature easier.

In other news, I plan on discussing Masonic books in an effort to further the education of the brothers in the lodge.

The first book is *Laudable Pursuit*, and the discussion will be at the lodge July 6th, 2023. I know most of you have already read it, which is why I chose to start with this title. For those that haven't read it yet, it is a short but interesting text. I hope to see you all there even if it only to listen to the conversation.

If you have any questions, please feel free to reach out. I want to thank you for your time and your consideration.

Fraternally,

Bro. James Kirwan

## THE SEVEN LAMPS OF ARCHITECTURE

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Submitted by W.: Jason Intardonato

The "Seven Lamps of Architecture" is a term coined by the influential British architect John Ruskin in his book of the same name, published in 1849. Ruskin believed that architecture should adhere to certain principles in order to be truly great. He identified seven essential qualities or "lamps" that should guide architectural design. These seven lamps are metaphorical and represent key principles. Here are the "Seven Lamps of Architecture" according to Ruskin:

**1. The Lamp of Sacrifice:** This principle emphasizes the idea that architecture should reflect the dedication and commitment of the architect. It suggests that architects should be willing to make sacrifices in their designs to achieve the highest standards.

**3. The Lamp of Truth:** This principle emphasizes the importance of honesty and sincerity in architectural design. Ruskin believed that buildings should be truthful in their materials, construction techniques, and overall expression.

**3. The Lamp of Power:** This principle focuses on the idea that architecture should convey a sense of strength and stability. It suggests that buildings should exhibit a robustness and durability that inspires confidence.

**4. The Lamp of Beauty:** This principle highlights the importance of aesthetics in architecture. Ruskin believed that buildings should be visually appealing and possess a sense of harmony, proportion, and elegance.

## THE SEVEN LAMPS OF ARCHITECTURE

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Submitted by W.: Jason Intardonato

**5. The Lamp of Life:** This principle emphasizes the need for architecture to be sensitive to the human experience. Buildings should be designed to support and enhance human life, considering factors such as comfort, functionality, and well-being.

**6. The Lamp of Memory:** This principle emphasizes the importance of historical continuity and cultural heritage in architectural design. Ruskin believed that buildings should incorporate elements of the past, reflecting a connection to history and a sense of rootedness.

**7. The Lamp of Obedience:** This principle suggests that architects should respect and adhere to the laws of nature, both in terms of structural integrity and environmental sustainability. It emphasizes the need for designs that are in harmony with the natural world.

These "lamps" serve as a philosophical framework for understanding the principles that Ruskin believed were essential for creating meaningful and timeless architecture.

## **BRO. TEDDY**

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Submitted by W.: Jason Intardonato



Bro. Theodore "Teddy" Roosevelt  
Circa 1885

**Theodore "Teddy" Roosevelt (1858–1919) was the 26th President of the United States from 1901 to 1909. A Progressive reformer, Roosevelt earned a reputation as a "trust buster" through his regulatory reforms and antitrust prosecutions. He was also an avid conservationist, setting aside more Federal land for national parks and nature preserves than all of his predecessors combined.**

Roosevelt was born in New York City into a wealthy family. He suffered from severe asthma as a child, which led to a lifelong interest in physical fitness. He attended Harvard College, where he developed a passion for naval affairs. After serving as the Assistant Secretary of the Navy under President William McKinley, Roosevelt left the position to lead the Rough Riders during the Spanish-American War, earning national fame.

He became President after McKinley's assassination in 1901. As President, Roosevelt's Square Deal domestic policies aimed for fairness for all. He initiated the construction of the Panama Canal, increased regulation of businesses, and implemented policies to protect consumers.

Roosevelt was indeed a Freemason. He was initiated into Matinecock Lodge No. 806, in Oyster Bay, New York, in 1901, the same year he became president. His Masonic membership reflected his belief in civic duty, social engagement, and a moral code, all of which also informed his political philosophy.

After his presidency, Roosevelt embarked on numerous adventures, including an African safari and an exploration of the Amazon rainforest. His attempts to return to politics were unsuccessful, and he died in 1919. Despite this, Roosevelt's vigorous personality, robust masculinity, and enduring accomplishments continue to make him a popular figure in American history.



# TRESTLEBOARD

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THURSDAY, JUNE 8

## SUFFOLK LODGE - SOCIAL NIGHT

*Usual social night shenanigans.*

**Where:** Port Jefferson Masonic Temple 312 Main St. Port Jefferson, NY

**When:** June 8th, 2023 from 6:30 - 9:30 PM

**Attire:** Casual

**Collation:** TBD

THURSDAY, JUNE 15

## SUFFOLK LODGE - TABLE LODGE

*Work of the evening to be announced at a later date.*

**Where:** Port Jefferson Masonic Temple 312 Main St. Port Jefferson, NY

**When:** June. 15, 2023 from 7:30-9:30 PM

**Attire:** Black/Dark Suits

THURSDAY, JUNE 22

## SUFFOLK LODGE - HORSESHOES & BURGERS

*Instead of holding our usual social night at the Temple, we will be gathering at Bro. Jason Intardonato's house for some horseshoes, corn hole, axe throwing & BBQ! Open to all brothers of Suffolk Lodge.*

**Where:** Port Jefferson Masonic Temple 312 Main St. Port Jefferson, NY

**When:** June 22nd, 2023 from 6:00 - 9:00 PM

**Attire:** Casual

**Collation:** BBQ!

# TRESTLEBOARD

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THURSDAY, JUNE 29

## SUFFOLK LODGE - ENTERED APPRENTICE DEGREE

SUMMONED COMMUNICATION! *We are requesting dispensation to initiate 7 new Entered Apprentices. Please attend to make this an excellent degree.*

**Where:** Port Jefferson Masonic Temple 312 Main St. Port Jefferson, NY  
**When:** June 29th, 2023 from 6:30 - 9:30 PM  
**Attire:** Black/Dark suits, Tuxedos for Officers  
**Collation:** TBD

TUESDAY, JULY 4

## PORT JEFFERSON 4TH OF JULY PARADE

*We will be marching in this year's parade. Stay tuned for further details.*

**Where:** Port Jefferson Masonic Temple 312 Main St. Port Jefferson, NY  
**When:** July. 4th, 2023 from 9:30AM-1:30 PM  
**Attire:** TBA

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Suffolk Lodge No. 60 F&AM

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# BUSINESS

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FROM THE SECRETARY'S DESK

## 2023 DUES

*Dues are payable by January 1st of the new year.*

*Brothers, your lodge depends upon timely remittance of dues to operate and maintain our beautiful temple, which is our sanctuary. Please pay your dues on time or better yet, in advance. Dues can be paid by check, cash or credit.*

*Regular Member Dues: \$400/year*

*35 Year Member Dues: \$220/year*

*Please make checks payable to:*

*Suffolk Lodge No. 60 F&AM*

*and remit to:*

*Suffolk Lodge No. 60 F&AM*

*312 Main St.*

*Port Jefferson, NY 11777*

*To pay by credit or debit card you may either pay at the bar register at the temple or pay online by going to: <https://store.suffolk60.com>*

*Credit transactions incur a service charge.*

# STORE

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## SHOPPING

### **SUFFOLK 60 LAPEL PIN**



Item: Suffolk #60 Lapel Button  
Description: Show your Lodge pride with this handsome Suffolk 60 200th Anniversary Lapel pin. A sharp addition to any Masonic ensemble.  
Cost: \$ 10:00 - [available online](#)

### **SUFFOLK 60 WINDOW DECAL**



Item: Suffolk #60 Window Decal  
Description: Deck out your ride and be the talk of the town with a nifty Suffolk 60 200th Anniversary window decal  
Cost: \$ 5:00 - [available online](#)

### **SUFFOLK 60 CHALLENGE COIN**



Item: Suffolk #60 Challenge Coin  
Description: Suffolk Lodge is the oldest masonic lodge on Long Island. Now proudly display your membership with a Suffolk 60 200th Anniversary Challenge Coin  
Cost: \$ 20.00 - [available online](#)

### **SUFFOLK 60 2022 POLO SHIRT**



Item: Suffolk #60 2022 Polo Shirt  
Description: The 2022 Suffolk Lodge #60 Polo Shirts are now available. This year's version is in a handsome navy blue with gold lettering.  
Contact W.: Chris Connolly for additional details.  
Cost: \$ 25.00

# REFERENCE

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## HELPFUL RESOURCES

### **SUFFOLK60 WEBSITE**

<https://www.suffolk60.com>

### **SUFFOLK 60 FACEBOOK (PUBLIC)**

<https://www.facebook.com/Suffolk60/>

### **SUFFOLK MASONIC DISTRICT WEBSITE**

<https://suffolkmasons.com>

### **SUFFOLK MASONIC DISTRICT BAND**

<https://band.us/band/70497133>

The **Going Forward** Weekly Newsletter is edited by W.: Frank Miranda and W.: Jason Intardonato under the direction of W.: Philip Lunarola, Master of Suffolk Lodge No. 60 AYM, F&AM. Please submit any questions, corrections, announcements, or other suggested content to [secretary@suffolk60.com](mailto:secretary@suffolk60.com).