



Suffolk Lodge No. 60 F&AM

GOING FORWARD

24 Sept, 2023

Volume IV Issue 4

Progress!
Art of the Apology
Northern Light
Trestleboard

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PROGRESS!



BACK IN BLACK

BUDGET IS PROJECTING A SURPLUS FOR 2023-24

Just a year ago, the shadow of the post-Covid slump loomed large, threatening our very foundation with dwindling memberships and participation. The whispers of financial instability were rife, sparking genuine concerns that our community might never find its feet again. Today, standing on the precipice of a new dawn, we are heartened to project a slight surplus in our budget. This remarkable turnaround is not by chance, but a testament to the relentless effort and unparalleled generosity of our brethren and their families. Our trustees and treasurer have showcased astute management, judiciously handling assets, curbing unnecessary expenses, and vigilantly preserving our sacred temple. Simultaneously, our membership committee and Deacons have been ceaselessly working towards expanding our fraternity while vigilantly guarding our West Gate. While the path ahead is still strewn with challenges, demanding our unwavering commitment to safeguard our temple and traditions for posterity, the winds of change carry with them a renewed sense of hope and optimism.

PROGRESS!



W.: Philip Lunarola, Officers, Brothers and guests after Thursday's Fellowcraft Degree

MEMBERSHIP GROWTH

SUFFOLK 60 IS HOLDING ITS GROUND

Membership in Suffolk Lodge No. 60 has experienced a renaissance in recent times. This past year, our fraternity grew richer and more diverse as we were honored to welcome James Kirwan, Shaheed Raheem, Emilio Thorpe, Scott Ramos, Harrison Gudzik, Horace Alindogan, Carlos Gil, Edward Henry, Michael Balamoti, and William Rising into our Masonic fold. Our collective embrace has also been extended to several brothers of Suffolk 60, rekindling bonds that had, for a time, lain dormant. Our revitalized Northstar Membership program now buzzes with activity, with our meticulously revamped website acting as the magnet drawing inquiring minds. Each knock we receive on our door meets with a swift, yet discerning response; our commitment to guarding the West Gate is absolute. The membership process at Suffolk Lodge No. 60 is rigorous, reflecting our dedication to upholding the standards of Masonry. It demands time, care, and unwavering integrity, but the result? A brotherhood enriched by men of the highest caliber, as evidenced by our newest members.

PROGRESS!

Membership at Suffolk Lodge No. 60 is not just growing, but thriving in both spirit and number. As we proudly welcome our new Fellowcrafts, we are simultaneously engaging with numerous other prospective members and several brothers keen on affiliating with our esteemed lodge. Our dynamic approach and unwavering commitment have created an environment of growth, camaraderie, and enlightenment. With the momentum we've garnered, there's every reason to believe we'll not only achieve but exceed our membership goals for the year by the coming January. It's a testament to the strength of our community and the allure of the values we uphold.



W. : Gary Gudzik, D.S.A. who delivered The Middle Chamber Lecture on Thursday stands with his son, Harrison and our other new Fellowcrafts. From Left to Right: Bro. Michael Balamoti, Bro. Carlos Gil, Bro. William Rising, Bro. Harrison Gudzik, W. : Gary Gudzik, D.S.A., Bro. Edward Henry and Bro. Horace Alindogan

PROGRESS!



From Left to Right, Bro. Edward Henry, Bro. Carlos Gil, Bro. Horace Alindogan, Sr. Deacon, Bro. Duy Nguyen, Bro. Michael Balamoti, Bro. William Rising and Bro. Harrison Gudzik

MAKING MASONS

NEW BROTHERS ARE LEARNING THEIR WORK

Duy Nguyen, in his role as the Sr. Deacon of Suffolk Lodge No. 60, has embraced his duties with a fervency and zeal that speaks volumes of his dedication. The position of Sr. Deacon in a Masonic Lodge is not merely a title but a pivotal role that bridges the foundational experiences of Masonic life. From ushering candidates through the symbolic thresholds of their degrees to personally mentoring them through the intricate labyrinths of their proficiency work, the Sr. Deacon plays an indispensable role in shaping the Masonic journey. The periods of transition between initiatory degrees are crucial. They are times not just for rote learning, but for deep introspection and growth, ensuring brothers foster a profound understanding and appreciation of each degree. Duy has excelled in this facet, providing guidance and modeling the very essence of what it means to be a Mason — exhibiting forthrightness, generosity, and the integrity that Suffolk Lodge No. 60 is renowned for. His commitment and meticulous attention to detail in guiding our brethren has not only set a standard but has enriched the Masonic journey for those fortunate enough to be under his wing.

PROGRESS!

THE PILLAR BEAUTY

PRESERVING OUR TEMPLE, OUR HOME

The trustees of our Temple Building have been tirelessly operating at full throttle, tending to an extensive roster of maintenance imperatives that our revered structure necessitates. Chief among these tasks has been the restoration of our antique windows, echoing the craftsmanship of eras past. Recognizing the need for enhanced climate control, we have replaced our former de-humidifiers with two state-of-the-art, commercial-grade units, especially pertinent given the humidity-related challenges that led to the need for repairs in the collation room ceiling. Additionally, a myriad of minor electrical updates, repair of our sump pump, improved security systems, re-upholstering of our officer's station valences and the replacement of our American Flag have been accomplished. Our porch has been weeded and kept clean over the summer, and tasks, from the subtle to the significant, like changing lightbulbs and probing for energy-saving opportunities, are being approached with meticulous care. As we anticipate future maintenance endeavors, we're diligently researching contractors and cost projections. The endeavors' success owes much to our brothers, whose benevolent gifts of time, money, and enthusiasm have significantly minimized the overall costs, ensuring our Temple stands tall and proud for generations to come.



ART OF THE APOLOGY

Submitted by W. Thomas Pace



"I'm Sorry" vs. "Please Forgive Me"

Apologies are a fundamental aspect of human interaction, serving as bridges to mend relationships and rectify mistakes. However, not all apologies are created equal. There exists an art to the apology, one that distinguishes between saying "I'm sorry" and "please forgive me" based on their motives. This art correlates with the principles of Freemasonry, which aims to refine individuals and make good men better.

"I'm sorry" is a phrase we often use to express regret and acknowledge that we've caused harm or inconvenience. It's a straightforward admission of wrongdoing, a recognition of the pain or disappointment we've inflicted on others. However, the underlying motive behind "I'm sorry" can vary widely. Sometimes, it's uttered simply as a social convention, lacking genuine remorse. Other times, it may carry a desire for forgiveness, but the emphasis remains on the speaker's discomfort or guilt.

ART OF THE APOLOGY

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On the other hand, "please forgive me" goes beyond a mere acknowledgment of wrongdoing. It is an appeal for reconciliation, an admission of responsibility, and a genuine desire to make amends. When someone says, "please forgive me," they are not solely focused on themselves but on the person they've wronged. This phrase recognizes the hurt caused and seeks to heal the emotional wounds by asking for forgiveness directly.

This differentiation between the two phrases can be likened to the principles of Freemasonry which, as we know, emphasizes personal development and moral growth. It encourages members to become better individuals by practicing virtues like honesty, integrity, and compassion. The art of the apology aligns with these principles, as it exemplifies the importance of self-improvement and genuine human connection.

We, as Freemasons, are taught the value of sincere apologies and the transformative power of seeking forgiveness. By encouraging individuals to go beyond a superficial "I'm sorry" and instead say "please forgive me," we can emphasize the importance of humility, empathy, and accountability. These qualities contribute to the overarching goal of making good men better.

ART OF THE APOLOGY

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The art of the apology transcends mere words; it delves into the motives behind those words. Saying "please forgive me" reflects a deeper commitment to repairing relationships and embodying the principles of personal growth and moral improvement, which align with our Masonic values. Embracing this art can lead to more meaningful connections and, in turn, make us better individuals, both within and beyond the context of Freemasonry.

NORTHERN LIGHT

Submitted by Bro. Henri Rosenbaum

Last week on September 7th I found light burning bright in the east when I traveled over 3,000 miles west to visit Alaska. While working 5 of the first 7 days representing Arctic Chiropractic at the Alaska State Fair, one of my co-workers introduced me to this guy he knew named Rodney that was a Freemason. Rodney was immediately gracious and 2 days later treated me to dinner at the local Moose Lodge before taking me to Aurora 15 F&AM Anchorage Alaska, where before gaining admittance I was tried by the WM who later



vouched for me when their Senior Deacon could not. As it turned out my new friend is W.∴ Rodney S. Young a 2 time PM of Aurora 15 and also a very active member of the Alaska Shriners.

Aurora 15 opened that Thursday evening September 7 at 7PM on the first degree, likely as Suffolk 60 was finishing “dessert.” The work of the evening was to initiate 1 new Entered Apprentice brother. Following the opening of the lodge, where the ritual was quite similar to ours, I was honored when the WM instructed the JD to escort me to the altar where I was presented with their lodge pin and welcomed with a round of applause. The degree flowed nicely when near the end an older distinguished gentleman with a deep voice filled with inflection and conviction delivered a heartfelt and near perfect EA lecture.

NORTHERN LIGHT

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After closing I later had coffee and cobbler with 84 year old M.:W.: John K Bishop Past Grand Master of the Grand Lodge of Alaska who had moved to Alaska from upstate NY in 1959 and worked as a bush pilot and also for major airlines.

I crashed that night at brother Rodney's house where he made eggs and strong coffee in the morning before showing me the Alaska Shriner's Hall. The next 5 days I toured Alaska by car, arriving back at Rodney's house Tuesday at 5pm to grab a much needed shower before heading over to Glacier 10 Anchorage where my new friend M.:W.: John K. Bishop sat with me and others at collation, enjoying a feast of chicken and ribs and fixins. Lodge opened on the 3rd degree that night with MW John K. Bishop sitting in the Master's chair. It was a great honor indeed when the MW Bishop vouched for me during opening and later instructed that I be led to the altar where I was pinned by my new friend and brother of the highest esteem and merit. I flew back to New York right after closing.



In closing, thank you to all the brothers at Aurora and Glacier Lodges both lodges that week that truly embraced me as a brother after rightfully proving myself worthy. The coolest difference in their ritual work is how the brothers come to attention when giving the sign of fidelity. Want to see how it is done? See you at lodge this Thursday.

NORTHERN LIGHT

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Bro. Henri Rosenblum with M.:W.: John K. Bishop, Past Grandmaster of the Grand Lodge of Alaska

TRESTLEBOARD

THURSDAY, SEPT 28

SOCIAL NIGHT

Meeting with Prospective Members from 7-8 PM, Social Night to follow

Where: Port Jefferson Masonic Temple

When: Sept 28th, 2023 from 7:00 - 9:30 PM

Attire: Casual

THURSDAY, OCT 5

STATED COMMUNICATION

Opening on the 2nd Degree, Fellowcrafts Welcome

Where: Port Jefferson Masonic Temple

When: Oct 5th, 2023 from 7:30 - 9:30 PM

Attire: Formal Business Attire, Black/Dark Suits and Ties.

THURSDAY, OCT 12

SOCIAL NIGHT

Meeting with Prospective Members from 7-8 PM, Social Night to follow

Where: Port Jefferson Masonic Temple

When: Oct 12th, 2023 from 7:30 - 9:30 PM

Attire: Casual

THURSDAY, OCT 19

STATED COMMUNICATION

Opening on the 1st Degree, Entered Apprentices & Fellowcrafts Welcome

Where: Port Jefferson Masonic Temple

When: Oct 19th, 2023 from 7:30 - 9:30 PM

Attire: Formal Business Attire, Black/Dark Suits and Ties.

Suffolk Lodge No. 60 F&AM

TRESTLEBOARD

THURSDAY, OCT 26

SOCIAL NIGHT

Meeting with Prospective Members from 7-8 PM, Social Night to follow

Where: Port Jefferson Masonic Temple

When: Oct 26th, 2023 from 7:00 - 9:30 PM

Attire: Casual

BUSINESS

FROM THE SECRETARY'S DESK

2023 DUES

Some brothers are risking being dropped for non-payment of dues. Please contact the secretary or WM if you are having trouble paying your dues.

Brothers, your lodge depends upon timely remittance of dues to operate and maintain our beautiful temple, which is our sanctuary. Please pay your dues on time or better yet, in advance. Dues can be paid by check, cash or credit.

Regular Member Dues: \$400/year

35 Year Member Dues: \$220/year

Please make checks payable to:

Suffolk Lodge No. 60 F&AM

and remit to:

Suffolk Lodge No. 60 F&AM

312 Main St.

Port Jefferson, NY 11777

To pay by credit or debit card you may either pay at the bar register at the temple or pay online by going to: <https://store.suffolk60.com>

Credit transactions incur a service charge.

STORE

SHOPPING

SUFFOLK 60 LAPEL PIN



Item: Suffolk #60 Lapel Button
Description: Show your Lodge pride with this handsome Suffolk 60 200th Anniversary Lapel pin. A sharp addition to any Masonic ensemble.
Cost: \$ 10:00 - [available online](#)

SUFFOLK 60 WINDOW DECAL



Item: Suffolk #60 Window Decal
Description: Deck out your ride and be the talk of the town with a nifty Suffolk 60 200th Anniversary window decal
Cost: \$ 5:00 - [available online](#)

SUFFOLK 60 CHALLENGE COIN



Item: Suffolk #60 Challenge Coin
Description: Suffolk Lodge is the oldest masonic lodge on Long Island. Now proudly display your membership with a Suffolk 60 200th Anniversary Challenge Coin
Cost: \$ 20.00 - [available online](#)

SUFFOLK 60 2022 POLO SHIRT



Item: Suffolk #60 2022 Polo Shirt
Description: The 2022 Suffolk Lodge #60 Polo Shirts are now available. This year's version is in a handsome navy blue with gold lettering.
Contact W: Chris Connolly for additional details.
Cost: \$ 25.00

REFERENCE

HELPFUL RESOURCES

SUFFOLK60 WEBSITE

<https://www.suffolk60.com>

SUFFOLK 60 FACEBOOK (PUBLIC)

<https://www.facebook.com/Suffolk60/>

SUFFOLK MASONIC DISTRICT WEBSITE

<https://suffolkmasons.com>

SUFFOLK MASONIC DISTRICT BAND

<https://band.us/band/70497133>

The **Going Forward** Weekly Newsletter is edited by W.: Frank Miranda and W.: Jason Intardonato under the direction of W.: Philip Lunarola, Master of Suffolk Lodge No. 60 AYM, F&AM. Please submit any questions, corrections, announcements, or other suggested content to secretary@suffolk60.com.